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College Cooking Crash Course



Synopsis

Are you a college student who is sick of living on microwaved ramen? Or maybe a young professional who spends way too much time and money at restaurants? This book is for anyone who thinks that cooking involves lots of equipment, lots of time, lots of technical know-how, and lots of cash. With just a rice cooker, 20 ingredients, and a few other things, we'll show you how to make a month's worth of meals so you can eat fast, eat on a budget, and, most importantly, eat well.

Book Information

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Customer Reviews

This book is great! I was on a trip with a fridge available for use. Needed a cheap option for cooking meals, so I searched the Kindle Store and found this book. After reading I picked up a rice cooker and made a few of these recipes. I haven't tried them all yet, but I plan to, and I did enjoy the ones I made. This is an excellent cookbook for dorm, hotel room, and at home cooking.

Not just good for students. Also for those cooking for one, on a budget and who want nutritional meals. Very pleased with my purchase.

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